

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

7.30 - 8.30  
POWER YOGA \*

7.30 - 8.30  
POWER YOGA \*

10.00 - 11.30  
KUNDALINI YOGA

10.00 - 11.30  
KUNDALINI YOGA

14.30 - 16.00  
KUNDALINI YOGA

16.30 - 18.00  
KUNDALINI YOGA

18.30 - 20.00  
KUNDALINI YOGA

18.00 - 19.00  
HATHA TERAPEUTICO\*

18.30 - 20.00  
KUNDALINI YOGA

18.00 - 19.00  
HATHA TERAPEUTICO\*

18.30 - 19.30  
HATHA RESTAURATIVO\*

19.30 - 21.00  
KUNDALINI YOGA

19.30 - 21.00  
KUNDALINI YOGA